

OA Middle Tennessee Intergroup (MTI)  
Monthly Meeting  
December 14, 2009

- 1) Angie B. welcomed everyone and called the meeting to order -
- 2) Serenity Prayer shared by all
- 3) Introductions:
  - Angie - Chair
  - Sarah G. - Treasurer
  - Bonnie R. - Secretary
  - Barbara - Region 8 Representative
  - Nancy C. - Group Outreach
  - Janet P. - Saturday 11:00 a.m. 12-Step within Group
  - Becky M. - Bylaws committee Chair
  - Jenny - Media Chair
- 4) Angie read the Preamble for this meeting:

We are Intergroup---dedicated to serving the needs of Overeaters Anonymous. Electing to attend, we strive to put aside our illness. Our purpose is to conduct business. We understand the necessity of doing so in an orderly fashion. We leave our feelings at the door when we gather to serve OA as a whole. To maintain OA unity, we place principles before personalities. The quality of our service depends upon our willingness to commit to OA goals.
- 5) Jenny read the Twelfth Tradition from the Twelve Traditions of Overeaters Anonymous Pamphlet.
- 6) Sarah read the Twelfth Concept from the Twelve Concepts of OA Service Pamphlet.
- 7) November Minutes: Jenny moved that the minutes be approved, Janet seconded, the motion carried.
- 8) Treasurer's report: Sarah is turning over everything this month to the new Treasurer, pending election tonight. Jenny B. is willing to take Treasurer position.
  - a) There is a question about calendar year / fiscal year basis for Prudent Rent Reserve. Angie will check the lease.
  - b) Secretary of State issued the corporate annual fee and it was paid this month.
  - c) Meeting "rents paid" were down this month.
  - d) Available funds were \$1,144.07 as of 12/01/2009
  - e) With \$6,000 in our prudent reserve
  - f) And \$400 prudent rent reserve
  - g) Beverage sales at MTI this month totaled \$77
  - h) Sarah presented the Proposed Budget for 2010
    - Sarah walked us through the budget by line
    - Discussion ensued about budgeting for both WSO and Region 8 conference and the associated expense, but the benefit of having someone attend both. Helpful if the same person attends both, but they're not related meetings and there are different requirements for the WSO than the Region 8.
      - i. A suggestion was made to ask the membership for travel miles for airfare
      - ii. Probably need have additional fund raisers for these items
    - Peggy moved that the budget be accepted, Jenny seconded.
- 9) Sarah nominated Jenny for treasurer, and Barbara seconded; the motion carried. THANK YOU, JENNY!!! THANK YOU, SARAH!!!!!! They will be transitioning duties and knowledge over the coming weeks.

## 10) OLD BUSINESS

Sharon now has roster and will start working on the meeting part while Angie will work on the MTI service roster.

## 11) NEW BUSINESS

- a) Reminder of 10th step workshop on Saturday, January 16th from 1:30 - 3:00 p.m.
- b) For funding printing of Notes of Hope (NOH), options were discussed and it was agreed that giving \$30/quarter to NOH chair to preload a card at Kinkos would be the best solution; they provide receipts, which are required from MTI, and an account won't have to be opened. Since less than \$10 is needed per month, this should be about right.
- c) Martin Luther King Day is on Monday, January 18<sup>th</sup>, 2010, which is our regular monthly meeting; do we want to meet on January 11<sup>th</sup>? Discussion resulted in leaving the meeting on the 18<sup>th</sup>.
- d) The Tenn. Secretary of State's office acknowledged receipt of our annual report filed with their office on November 18, 2009.
- e) Vice Chair: Brian offered to act as temporary co-chair; however, until duties are clarified by the by-laws committee, the board was reluctant to pursue. Brian can serve through March 2010, if needed.
- f) By Laws – Discussed and will request that there be a draft ready by January 18<sup>th</sup>, the next MTI meeting.
- g) Sexuality & Relationships & 100 pounder meeting folded. Discussion is occurring around the idea of having a Sexuality & Relationships topic meeting at 12:15 or 12:30 on Saturday. Please **see Angie if interest in serving as a chair /commitment**
- h) Discussion initiated about meetings that cannot make their rent payment. E.g., Friday night meeting, weekday meetings. If not well attended, should MTI intervene to ask the meeting to fold? This expanded into a larger discussion about the 7<sup>th</sup> tradition and how it is handled in various meetings / locales.
  - The discussion was concluded with the suggestion that we have a separate discussion focused on fund-raising / 7<sup>th</sup> tradition after the holidays.

## 12. COMMITTEE REPORTS

- a) Meeting List - Brian G. no report
- b) Communication – No report; pending request of bylaws committee for a job description for this.
- c) **Media Library – (WE NEED A NEW MEDIA CHAIR)**
  - 200 CD's have been burned recently; reminder to return them
  - Peggy will donate a cd-album that holds 4 cd's / page; the cd can be put into a slip for borrowing.
- d) Region 8 / WSO delegate – Barbara B.
  - (1) OA's 50th Anniversary at the 2010 World Service Convention:  
*Return Again in 2010: We Are Family*
    - August 26-29, 2010
    - Hilton Los Angeles Airport Hotel

- (2) Region 8 Convention:
- March 19-21, 2010 in Memphis, TN- asking each meeting to please pass the zippered pouch for contributions to scholarship fund to send people from our area to the Region 8 Convention
  - Registration forms available at [www.oaregion8.org](http://www.oaregion8.org)
  - Region 8 12-Step Within will be taking up donations to send people from our intergroup to the recovery track of the convention. This money will be handled like last year when we did "Leaping to Little Rock". It is a Region 8 function not a function of MTI.
- (3) Need to start forming Committee to get bid together for the 2011 July Region 8 convention. Anyone interested in working on this proposal should contact Angie B.
- e) Phone - Carol K. no report filed
- f) Lifeline - Barbara Z. No report filed
- g) Group Outreach - Nancy C. – No report filed
- h) Twelve Step Within – Open Chair
- Having a strong 12-step-within practice is a characteristic of strong Intergroups.
- Entails
- Reaching within the membership and raising awareness about carrying the message within the meetings.
  - Encouraging others to call members they haven't seen at meetings to see how they're doing.
  - Outreach (or "In-reach") makes our MTI stronger, along with the fellowship and our own individual recovery.
  - Helps get those in relapse out of relapse or helping to prevent someone from going into relapse.
- i) Public Information – open position
- We are all responsible for Public Information – go to [oa.org/members/groups/](http://oa.org/members/groups/), then Public Information Suggestions.
- WSBC – Angie on PI Committee – We do now have the PSA CD for distribution.
- j) OA Literature - Linda B – no report
- k) AA Literature – Teresa T. has volunteered to take this position
- l) MTI Office Manager Chair – Peggy N. –
- A storage cabinet is planned for the small office by the end of the month.
  - FYI---Costco is no longer carrying coke products because they can't get them for the price they want, so I need to find another cheap source for diet coke. I'll check Walmart & KMart this weekend and will restock those when I find them.
- m) Notes of Hope – Nila B. no report
- The office manager looked for a 'wall-pocket' to hold NOH by the door, and does not find anything suitable. Alternately, perhaps a stable, narrow hall table could be found to sit just inside the door to the room to hold NOH and the hand sanitizer... concern that it will collect clutter, so something small please.

- n) Workshops – Sharon D and Rick S
  - Saturday, 12/12/09 – not many showed up for food and fellowship at the office but there were about 12 for the workshop and it was great. Debbie W and Angie B co-chaired it
  - There were 2 articles written about IDEA day for the NOH.
- o) Professional Outreach - Edith C.- No Report Filed
- p) By-laws Committee / Becky M. – (See Old Business) Pulling amendments together and will have a draft for review in January.
- q) Retreat Committee - Teresa T. (Stephanie)
  - May 14-16, 2010 is the Spring Retreat at the DeBose Conference Center
- r) Webmaster – Tina R. – everything's updated!

**Next meeting:  
Monday, January 18<sup>th</sup> at 6:30 PM**